

ATHENS EUROLYMP WEEK 2009
Olympic Sailing Centre
Marina Delta Falirou
22 – 27 March 2009

SAILING INSTRUCTIONS
WOMEN'S MATCH RACE

Abbreviations:

PC – protest committee	RC – race committee
OA – organising authority	NA – national authority
RRS – racing rules of sailing	SI – sailing instructions
IJ - International Jury	HSF – Hellenic Sailing Federation

1 RULES

- 1.1 The event will be governed by
 - (a) the 'rules' as defined in the RRS, including Appendix C.
 - (b) the rules for Handling Boats (SI appendix C), which also apply to any practice sailing and sponsor races. Class rules will not apply.
 - (c) the prescriptions of Hellenic Sailing Federation will not apply.
- 1.2 An International Jury will be appointed in accordance with RRS Appendix N, and the right of appeal will be denied in accordance with RRS 70.5.
- 1.3 In the event of a conflict between the NOR and these SI, this will be resolved according to RRS 63.7

2 ENTRIES and ELIGIBILITY

- 2.1 Only competitors registered in accordance with the NoR are eligible for the event.
- 2.2 To remain eligible the entire crew shall complete registration in accordance with the NoR.
- 2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.
- 2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or IJ.
- 2.5 After the warning signal for a match the registered skipper shall not leave the helm, except in an emergency.
- 2.6 When a registered skipper is unable to continue in the event, the IJ may authorise an original crew member to substitute.
- 2.7 When a registered crew member is unable to continue in the event, the IJ may authorise a substitute, a temporary substitute or other adjustment.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at HSF offices.
- 3.2 Signals made ashore will be displayed from the flagpole at HSF.
- 3.3 Skippers shall attend the first briefing, which will be at 1000, March 22nd, at HSF unless excused by the OA.
- 3.4 The first meeting with the umpires will be immediately after the first briefing.
- 3.5 A daily morning meeting will start at 0930 at HSC.

4 AMENDMENTS TO SAILING INSTRUCTIONS

- 4.1 Amendments to the SI made ashore will be posted at least 60 minutes before the start of any race affected and will be signed by the RC and the IJ representatives.
- 4.2 Flag L will be displayed ashore each day there are new amendments until the boats have departed for the race course.
- 4.3 Amendments made afloat will be signalled by the display of flag 3rd substitute with three sound signals. An umpire may communicate these either verbally or in writing.

5 BOATS AND SAILS

- 5.1 (a) The event will be sailed in Yngling type boats.
(b) The sails to be used will be allocated by the OA.
(c) Competitors may be requested to exchange sails during a series to satisfy sponsorship commitments. This will not be grounds for redress. This changes RRS 62.
- 5.2 The sail combination to be used will be signalled from the RC boat with or before the attention signal. The signals shall have the following meanings:

<u>Signal</u>	<u>Sail Combination to be used</u>
No signal	Main, Jib, Spinnaker
Flag R	No spinnakers

- 5.3 Other restrictions or instructions may be given to the boats verbally by an umpire. Flag 3rd substitute is not required.
- 5.4 The RC will decide which boats are to be used for each stage and when they decide a boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.

6 IDENTIFICATION and ASSIGNMENT OF BOATS

- 6.1 Boats will be identified by bow number.
- 6.2 Boats will be drawn each day at the morning meeting or at the beginning of each stage as decided by the RC.
- 6.3 Boats will be allocated in accordance with the pairing list and race schedule.

7 CREW MEMBERS, NUMBER and WEIGHT

- 7.1 The total number of crew, including the skipper, shall be 3. All registered crew shall sail all races.
- 7.2 There will be no crew weighting.

8 EVENT FORMAT AND STARTING SCHEDULES

- 8.1 The event format and match pairing lists are detailed in SI Appendix A. The matches to be sailed in a flight will be displayed in order of starting on the RC boat. Match pairing lists will be distributed at the daily morning meeting.
- 8.2 (a) In a knock-out series between two skippers, they shall alternate assigned ends for each match. Unless designated in the pairing list, the initial assigned ends shall be determined by a draw. This changes RRS C4.1.
(b) When a knock-out series between two skippers has been decided, further matches between these two shall not be sailed.
(c) Crews will exchange boats after odd matches of each series.
- 8.3 The racing days are scheduled as Monday, Monday 23rd through Friday, March 27th.
- 8.4 (a) If one round robin has been completed, the latest time for an attention signal in

the First Stage will be 1100 on Friday, March 27th.

(b) The latest time for an attention signal on the last day of racing will be 1600.

8.5 The number of matches to be sailed each day will be determined by the RC.

8.6 (a) The RC may terminate any stage or the event when, in its opinion, it is impractical to attempt to hold the remainder of matches under the existing conditions or in the remaining time scheduled. Early stages may be terminated in favour of later stages.

(b) Add RRS C10.3(b): 'When a single round robin is terminated before completion, or a multiple round robin is terminated during the first round robin, the highest score shall be determined as the average points scored per match sailed by each competitor, unless one or more competitor has completed less than five matches, when the entire round robin shall be disregarded and if necessary the event declared void.'

8.7 The intended time of the first attention signal each day is 1000.

8.8 Each subsequent flight will be started as soon as practicable after the previous flight.

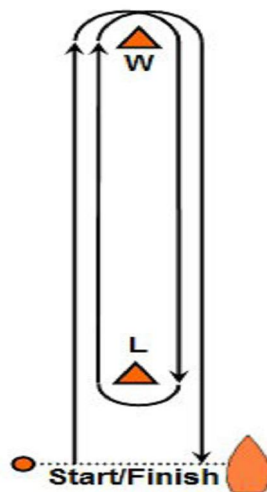
8.9 When a match cannot start at its intended time, the signals and starts of the following matches will remain as originally scheduled, leaving a blank start for the pair not starting. No starting sequence flags will be displayed for a blank start.

8.10 When, in a knock out series, a winner of a particular series has been determined, subsequent starts shall be brought forward to eliminate blank starts. Competitors will be so advised verbally by an umpire.

9 RACING AREA

The racing area will be circle "Echo", west of KBYC in Biscayne Bay.

10 COURSE



10.2 The starting/finishing line will be a straight line between the course side of a starting/finishing mark and a staff with an orange flag on the port side of the RC Signal boat.

10.3 Abandonment and Shortening

(a) RRS 32 is deleted and replaced with: 'After the starting signal the RC may abandon or shorten any match for any reason, after consulting with the match umpires when practical.'

(b) Within a flight, when a visual signal is displayed over a numeral pennant, the signal applies only to that match.

11 BREAKDOWN and TIME FOR REPAIRS

- 11.1 Before the attention signal of a flight or within two minutes of finishing or within five minutes of changing into a new boat, whichever is later, a boat may display a "Green" flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to close to leeward of the RC Signal boat and remain there, unless otherwise directed.
- 11.2 The time allowed for repairs shall be at the discretion of the RC.
- 11.3 After the attention signal of a flight, a match will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 11.1.
- 11.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention signal shall not be grounds for redress. This changes RRS 62.

12 STARTING PROCEDURE

- 12.1 Match warning signals will be numerical pennants.
- 12.2 The next flight number will be displayed on the RC boat transom.
- 12.3 The attention signal will be displayed 7 minutes before the first starting signal in each flight. This changes RRS C3.1

13 CHANGE OF POSITION OF THE WINDWARD MARK

- 13.1 Changes to the course will be made by setting a replacement mark W.
- 13.2 Change of Course Signals (amends RRS 33 and Race Signals)
- (a) Flag C and a coloured flag or board means: 'The windward mark has been moved. Sail to a mark the same colour as the flag or board.'
 - (b) When a change of course after starting only affects some matches these shall be designated by the appropriate numeral pennant.
- 13.3 Signalling vessel
- (a) When a change of course is made for the first leg, the signal shall be displayed from the RC Signal boat with the preparatory signal for each match affected. The preparatory signal shall be followed by a series of repetitive sound signals.
 - (b) When a change of course is signalled after the first leg it shall be displayed from a boat in the vicinity of mark L.

14 TIME LIMIT

- 14.1 A boat that does not finish within 5 minutes after her opponent has completed the course and finished will be scored DNF. This changes RRS 35 and A5.

15 COACH BOATS

- (a) Each coach boat must be identified by national flag, 3 letter country code, or ISCA flag at all times while on the water
- (b) The OA will provide berths for coach boats at KBYC.
- (c) Any interference by a coach boat with the racing or event organisation may result in a penalty applied at the discretion of the IJ to the associated skipper or team.

16 HAUL OUT RESTRICTIONS

16.1 Boats shall only be hauled out at the sole discretion and direction of the OA.

17 PRIZES

17.1 Prizes will be awarded according to the Notice of Race.

18 CODE of CONDUCT

(a) Competitors shall comply with any reasonable request from any official, including attending official functions, co-operating with event sponsors and not behaving so as to bring the event into disrepute.

(b) Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Appendices C and D.

(c) The penalty for breaking this SI is at the discretion of the IJ and may include exclusion from further participation in the event, the withdrawal of any prize money or the withholding of deposits.

19 DISCLAIMER

All those taking any part in the event do so at their own risk. The OA, its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.

APPENDIX A

EVENT FORMAT and SCHEDULE OF RACES

EVENT FORMAT

1 First Stage - Round Robin

- (a) Each skipper will sail a double round robin - each skipper sails each other skipper twice.
- (b) The top four (4) skippers shall qualify for the next stage.

2 Semi-finals

- (a) Skippers will be paired in accordance with pairings to be distributed by the RC.
- (b) The first two skippers to score at least three points shall proceed to the Finals. The other two skippers shall advance to the Petit-Finals

3 Petit Finals- Third/Fourth Place Final

- (a) Skippers will be paired in accordance with pairings to be distributed by the RC.
- (b) The first skipper to score three points shall be awarded third place, the other fourth place.

4 Finals

- (a) Skippers will be paired in accordance with pairings to be distributed by the RC.
- (b) The first skipper to score at least three points shall be the Winner. The other skipper will be awarded Second Place.

SI APPENDIX B

HANDLING BOATS

1 GENERAL

While all reasonable steps are taken to equalise the boats variations will not be grounds for redress. This changes RRS 62.

2 PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited.

2.1 Any additions, omissions or alterations to the equipment supplied.

2.2 The use of any equipment for a purpose other than that intended or specifically permitted.

2.3 The replacement of any equipment without the sanction of the RC.

2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.

2.5 Moving equipment from its normal stowage position except when being used.

2.6 Boarding a boat without prior permission.

2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.

2.8 Hauling out a boat or cleaning surfaces below the waterline.

2.9 Using a flattener as a reef.

2.10 Attaching lines to the fabric of spinnakers.

2.11 Perforating sails, even to attach tell tales.

2.12 Radio transmission (including mobile telephones), except to report damage or in response to a request from the RC.

2.13 Adjusting or altering the tension of standing rigging, excluding the backstay.

2.14 The use of electronic instruments other than watches.

2.15 Marking directly on the hull or deck with permanent ink.

2.16 The use of duct tape.

2.17 After the starting signal and while sailing close hauled for more than a few seconds, the main boom position shall be controlled only by using the mainsheet as it exits the block on the cockpit floor, and the vang.

2.18 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.

2.19 Having the bowsprit extended, except when in the process of setting, flying or taking down the spinnaker. The bowsprit shall be fully retracted at the first reasonable opportunity after taking down the spinnaker.

2.20 Extending the bowsprit before getting on the new leg of the course, after entering the zone of a rounding mark without a spinnaker set.

2.21 No crew member shall sit with the base of their spine or legs on or over the side rails, or outside the forward extension of the line of the side rails.

2.22 A breach of SI C 2.17, 2.18, 2.19, 2.20 and 2.21 is not open to protest by boats but is subject to action by Umpires in accordance with RRS C8.2. This changes RRS C6.2 and C8.2.

3 PERMITTED ITEMS and ACTIONS

The following are permitted.

3.1 Taking on board the following equipment:

- (a) basic hand tools
- (b) adhesive tape (but not duct tape)
- (c) line (elastic or otherwise of 4 mm diameter or less)
- (d) marking pens
- (e) tell tale material
- (f) watch, timers and hand held compass
- (g) shackles and clevice pins
- (h) Velcro tape
- (i) spare flags

3.2 Using the items in 3.1 to:

- (a) prevent fouling of lines, sails and sheets
- (b) attach tell tales
- (c) prevent sails being damaged or falling overboard
- (d) mark control settings on lines
- (e) make minor repairs and permitted adjustments
- (f) make signals as per Appendix C6

3.4 Changing the number of mainsheet purchases.

4 MANDATORY ITEMS and ACTIONS

The following are mandatory.

4.1 The completion of a written damage report at the end of each day's racing detailing any damage to any boat used during that day. This report shall be submitted to the Race Office even if no damage or loss is recorded. Verbal reports shall be made to the RC or Bosun before leaving a boat should there be any damage or evidence of matters which could cause damage or disadvantage to the boat in future matches.

4.2 At the end of each sailing day:

- (a) folding, bagging and placement of the sails as directed
- (b) leaving the boat in the same state of cleanliness as when first boarded that day
- (c) releasing backstay tension

4.3 At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.

4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.

4.6 A breach of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

SI APPENDIX C - EQUIPMENT LIST

– To be distributed at the initial Skippers' meeting