

34nd ATHENS INTERNATIONAL SAILING WEEK 2025

**OPEN GREEK CHAMPIONSHIP
FOR OLYMPIC**
9 – 13 November 2025 iQFOiL – FORMULA KITE
15 -20 November 2025 ILCA 6 - ILCA 7 - 470MIX – 49er
&
INTERNATIONAL CLASSES
20 – 23 November 2025
OPTIMIST, ILCA 4, 420, TECHNO 293 & PLUS, ILCA 6 MEN

NOTICE OF RACE

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule and for which the International Jury may refuse to hold a hearing. This changes RRS 60.1(a) and 63.1.

The notation '[SP]' in a rule means that a standard penalty may be applied by the Race Committee without a hearing or a discretionary penalty may be applied by the International Jury / Protest Committee with a hearing. This changes RRS 63.1 and A5.

1. Organizing Authority

Hellenic Sailing Federation in conjunction with the following clubs is organizing the events listed below:

Event / Class	Club / Venue	Race office contact details
Optimist	Athens international sailing center	(+30) 210-9404825 sports@eio.gr
49er, 470 mix, Ilca 6, Ilca 7	Athens international sailing center	(+30) 210-9404825 sports@eio.gr
420	N.C. of Kalamaki	(+30) 210-9829878 nokalamakiou1947@gmail.com
TECHNO 293 & Plus	Vouliagmeni Nautical Club	(+30) 2108962416, nov@nov.gr
Ilca 4 & Ilca 6 men	N.A.C. of Voula	(+30) 210-8991189 info@naov.gr
iQFOiL & Formula kite	N.A.C of Vari Varkiza	(+30) 210 8974305 naovv.sail@gmail.com

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2. Rules

- 2.1 The regatta is governed by the rules as defined in “The Racing Rules of Sailing (RRS) 2025-2028”.
- 2.2 RRS Appendix P, Special Procedures for Rule 42, will apply.
- 2.3 RRS Appendix B, for the iQFOiL class, will apply; however, RRS B5 61.1(a) and B8.A8 are deleted.
- 2.4 RRS Appendix F, for the Formula Kite class, will apply.
- 2.5 [DP] Competitors shall comply with RRS 40.1 at all times while afloat.
- 2.6 For the Greek Championships, the HSF 2025 racing program will apply.
- 2.7 For the 49er, classes, RRS 44.1 and RRS P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 2.8 In all rules governing this regatta:
Both ‘athlete’ and ‘competitor’ mean a person competing or intending to compete in the event.
- 2.9 No National Prescriptions will apply.
- 2.10 If there is a conflict between languages the English text will take precedence.

3. Sailing Instructions

- 3.1 The sailing instructions will be available on the official notice board of the event and on the webpage <http://www.eio.gr/Hellenicsailingweek/>, from November **2025**.

4. Communication

- 4.1 The event webpage will be: <http://www.eio.gr/Hellenicsailingweek/>.
- 4.2 The official noticeboard will be on the webpage:
 - 4.2.1 <https://www.racingrulesofsailing.org/documents/12798/event> for AISW Part 1.
 - 4.2.2 <https://www.racingrulesofsailing.org/documents/12799/event> for AISW Part 2.
 - 4.2.3 <https://www.racingrulesofsailing.org/documents/12800/event> for AISW Part 3

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5. Eligibility and Entry

5.1 The event is open to boats of the classes as per the tables below:

5.1.1 Part 1 – Olympic Classes

Olympic Classes		
Men	Women	Mixed
iQFOiL	iQFOiL	
FORMULA KITE	FORMULA KITE	

5.1.2 Part 2 – Olympic Classes

Olympic Classes		
Men	Women	Mixed
ILCA 7	ILCA 6	
49er		470 Mix

5.1.3 Part 3– International Classes

International Classes		
Men / Boys	Women / Girls	Mixed
Optimist	Optimist	
TECHNO 293 & 293 PLUS	TECHNO 293 & 293 PLUS	
ILCA 4	ILCA 4	
ILCA 6 MEN		
420	420	420 Boats with mixed crew will take part at the 420 Men

5.2 For the Olympic classes, the events also count as Greek National Championship.

5.3 For the Olympic classes: Competitors shall comply with World Sailing Eligibility Code. Each competitor shall be registered as a World Sailing sailor on the World Sailing website: www.sailing.org/sailors.

5.4 Olympic gender requirements will apply for each Olympic event.

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- 5.5 To be eligible for entry, a Greek competitor shall have a valid Sports ID issued by Hellenic Sailing Federation and as provided by the state law.
- 5.6 Eligible boats and support persons shall register online by sending by email the required documents at the respective Race Office mentioned in NoR.
- 5.7 Competitors under 18 years of age shall deliver a signed and completed parent (or guardian) consent and declaration form at each on-site registration.
- 5.8 The organizing authority may cancel the event for a class if the minimum number of entries has not been received 5 days before the end of the registration day. The minimum entry is five boats in all classes. Competitors will be notified of cancelled class events by email and posting on the event website.
- 5.9 The entry fees for cancelled events will be refunded.
- 5.10 The organizing authority may refuse registrations and/or accept later registrations at their sole discretion.
- 5.11 For the Optimist class, the event is open to competitors that have been born in 2010 or later.
- 5.12 For the ILCA 4 class, the event is open to competitors that have been born from 2008 and 2013 included.
- 5.13 For the Techno 293 class, the event is open to competitors that have been born between 2009 and 2014 included.

6. Entry Fee

6.1 Fees are stated in euros and are shown in the following tables:

Class	Entry Fee	Late Entry Fee	Class	Entry Fee	Late Entry Fee
Optimist, ILCA 4 Techno 293 & Plus ILCA 6 Men	25,00€	50,00€	420	50,00€	100,00€
ILCA 7 ILCA 6 Women iQFOiL, Formula Kite	70,00€	100,00€	470, 49er	80,00€	100,00€
Support Vessels	30,00€	60,00€			

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- 6.2 The event entry fee must be paid until **November 01 - 2025**, by a bank transfer to the following bank account:

Event / Class	Beneficiary	IBAN /Bank
Optimist	H.S.F	GR040110080000008048068590 NATIONAL BANK
420	N.C. of Kalamaki	GR9301720280005028000264300 PIRAEUS BANK
ILCA 4, ILCA 6 men	N.A.C. of Voula	GR8101714680006468124379818 PIRAEUS BANK
iQFOiL, Formula Kite	N.A.C of Vari Varkiza	GR5501401820182002002000610 ALPHA BANK
470, 49er, ILCA 6, ILCA 7	H.S.F	GR040110080000008048068590 NATIONAL BANK
Techno 293 & 293 Plus	N.C. Vouliagmeni	GR7902604440000980200057835 EUROBANK

- 6.3 The event late entry fee must be paid until **November 06 - 2025**, by a bank transfer to the same bank account
- 6.4 End of registration period for all classes: **06/11/2025**

7. [DP] Advertising

- 7.1 The World Sailing Advertising Code will apply.
- 7.2 Boats carrying personal advertising must present the permission of their National Authority. A copy of this permission shall be delivered to the organizing authority.
- 7.3 Boats may be required to display advertising and bow numbers chosen and supplied by the organizing authority.

8. Schedule

- 8.1 The Warning Signal of the 1st Race in each event is 12:00.
- 8.2 The number of races scheduled per event will be as follows:

Part 1 Events	Scheduled Races
iQFOiL, Formula Kite	11
Part 2 Events	Scheduled Races
ILCA 6, ILCA 7, 49er, 470	11
Part 3 Events	Scheduled Races
Optimist, ILCA 4, ILCA 6 Men 420, TECHNO 293 & PLUS	9

- 8.3 No more than four (4) races per class/fleet will be sailed in any scheduled day except iQFOiL and Formula Kite that the limit is five (5) races per class/fleet.

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- 8.4 On the last day of each Part, no warning signal will be made after 16:00.
- 8.5 A more detailed schedule can be found on Appendix 1 of the NoR.

9. Racing Format

- 9.1 For the AISW Part 1 events the format consists of a single series (11 races). Only the following format will be included: Course Racing.
- 9.2 For the AISW Part 2 events the format consists of a single series (11 races).
- 9.3 For the AISW Part 3 events the format consists of a single series (9 races).
- 9.4 Boats may be divided into fleets.

10. The Courses

- 10.1 The courses will be described in detail in the Sailing Instructions.

11. [DP] Inspections

- 11.1 Each boat shall produce or verify the existence of a valid measurement certificate, if required.
- 11.2 The fact that race officials may conduct inspections of a boat does not reduce the responsibilities of each competitor to comply with the class rules and the rules set out in this Notice of Race and the Sailing Instructions.
- 11.3 Boats or equipment may be inspected at any time during the event.
- 11.4 While afloat, a race official may instruct a boat to sail to an inspection area, promptly, for inspection.

12. International Jury / Protest Committee

12.1 Part 2 events

An International Jury will be appointed in accordance with RRS 91(b). Decisions will be final as provided in RRS 70.5.

12.2 Part 1 & 3 events

A Protest Committee will be appointed for this part of the event.

13. Scoring

- 13.1 If less than 4 races have been completed, a boat's series score will be the total of her race scores. When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score. This changes RRS A2.1.
- 13.2 Each event is valid if at least three (3) races are completed.

14. [NP][DP] Support Boats

- 14.1 All support boats must be registered with the organizing authority and are required to be insured and comply with local legislation and event support boat regulations. The organizing

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authority may refuse registrations and accept later registrations at her discretion.

- 14.2 To register for the event each support boat must send the documents needed (insurance and drivers license) by email at the respective Venue Nautical Club or HSF mentioned in NoR and pay the relevant fee. Registration will be completed on October 30th 2025.
- 14.3 Support persons must wear Personal Floation Devices at all times other than for brief periods while adding or removing clothing. With the motor running they are required to wear the Quick Stop / Kill Cord at all times.
- 14.4 Support persons in the race course area, shall be able to communicate with the Race Committee via VHF Radio during racing. The radio channel for each course will be given in the Sailing Instructions.

15. [DP] Code of Behavior

- 15.1 Competitors and support persons shall comply with any reasonable request from a regatta official.
- 15.2 Competitors and support persons shall handle any boats or equipment provided by the organizing authority with proper care and seamanship, and in compliance with any written instructions.
- 15.3 Boats not racing shall avoid the area where boats are racing and any official boats.
- 15.4 [NP] Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply may be regarded as misconduct.

16. Disclaimer of Liability

- 16.1 RRS 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”
- 16.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk.
- 16.3 By taking part in the event, each competitor agrees and acknowledges that:
 - 16.3.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - 16.3.2 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - 16.3.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
 - 16.3.4 Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - 16.3.5 The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
 - 16.3.6 It is their responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the event and to attend any competitor briefing held for this event.

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17. Insurance

- 17.1 Every participating boat must be insured with a valid third-party liability insurance, that is suitable for the racing area, with a minimum coverage of 540,000 euro per incident, or the equivalent.
- 17.2 The support boats must be insured with a valid third-party liability insurance with the minimum cover of Greek Law. Regardless, it is the responsibility of the support persons in charge of the boats registered, to hold adequate insurance cover for Tort Liability and Third-Party Insurance (Property and Persons)
- 17.3 A copy of the insurance coverage must be delivered with the registration.
- 17.4 The organizing authority is not responsible for verifying the status or validity of those insurance certificates.

18. Media Rights

- 18.1 By participating in the event competitors automatically grant to the organizing authority, Hellenic Sailing Federation and their sponsors, the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the athlete during the period of the competition without compensation.
- 18.2 Competitors may be required to be available for interviews at the regatta.

19. Data Protection

- 19.1 In order to manage the event, information provided by competitors will be held on a database. The management of personal information and images will comply with the General Data Protection Regulations that came into effect in May 2018.

20. Prizes

- 20.1 Prizes will be awarded to the best three (3) boats of each class event and to the best (3) boats of each class in the Greek Championship. It is at the discretion of the organizing authority to award more prizes.
- 20.2 Prizes given ceremony TBA

21. Further Information

Please visit: <http://www.eio.gr/Hellenicsailingweek/>

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Appendix 1

CLASS	THU 06/11	FRI 07/11	SUT 08/11	SUN 09/11	MON 10/11	TUE 11/11	WED 12/11	THU 13/11
iQFOIL	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING	RACING
FORMULA KITE	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING	RACING

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CLASS	WED 12/11	THU 13/11	FRI 14/11	SUT 15/11	SUN 16/11	MON 17/11	TUE 18/11	WED 19/11	THU 20/11
470 MIX	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING	RACING	RACING MR
49ER	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING	RACING	RACING MR
ILCA 6 W	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING	RACING	RACING MR
ILCA 7	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING	RACING	RACING MR

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CLASS	MON 17/11	TUE 18/11	WED 19/11	THU 20/11	FRI 21/11	SUT 22/11	SUN 23/11
OPTIMIST	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING
ILCA 4	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING
ILCA 6 M	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING
420	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING
TECHNO 293	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING
TECHNO 293 PLUS	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING
	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING
	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING
	VENUE OPEN	TRAINING	TRAINING	INSPECTIONS	RACING	RACING	RACING